

Curriculum Vitae

Mr Michael Paul Barrett, MBChB, PGCert Med Ed, FRCS (Tr & Orth)

Consultant Trauma & Orthopaedic Surgeon Cambridge University Hospitals

Specialist Interest in Foot and Ankle trauma, multiply injured patients and lower limb trauma.



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GMC Number: 7038008 - on the specialist register

Postgraduate Qualifications

- Expert advisor to the British Medical Journal
- Founder orthohub.xyz education platform
- AO Advanced Foot and Ankle Trauma
- British Orthopaedic Foot and Ankle Society Fellowship Gold Award
- FRCS (Tr & Orth)
- Postgraduate Certificate in Medical Education (Hons)
- ATLS
- MRCS

Medical Degree MBChB University of Liverpool - 2009

Summary of Professional Experience

I am the lead trauma Consultant for the major trauma service and a consultant trauma and orthopaedic surgeon at Addenbrooke's Hospital, Cambridge University Hospitals. I am one of seven orthopaedic consultants with a specialist interest in complex trauma. I am one of four major trauma service consultants treating multiple injured patients.

My areas of specialist interest are foot and ankle, open fractures, major trauma (multiply injured patients), complex lower limb trauma, bone infection and amputations.

I have completed a OOPT fellowship in major trauma and limb reconstruction at the Royal London Hospital and fellowship in foot and ankle surgery at the Royal Bournemouth Hospital.

I am the expert advisor to the British Medical Journal for trauma and orthopaedics.

I have a significant interest in education and I have founded one of the UKs largest digital education platforms for orthopaedic surgeons www.orthohub.xyz.

I am an invited faculty on the British Orthopaedic Foot and Ankle Society course for new consultants.

Medico-legal Experience

I undertake 50 personal injury reports per year.

I accept instructions for foot and ankle trauma, amputations, complex lower limb injuries, soft tissue and sports injuries of the foot and ankle, patients who have sustained multiple injuries, post traumatic complications including arthritis and infection, road traffic and industrial accidents.

I am on the consultant orthopaedic oncall and regularly treat, as well as report on patients sustaining single limb injuries.

Fellowships

Foot and Ankle Surgery

The Royal Bournemouth Hospital - Sept 2020 – March 2021

Experience in managing foot and ankle trauma and elective cases. Advancing skills and in sub-speciality foot and ankle trauma, ankle arthroplasty, revision ankle arthroplasty, arthroscopic surgery (beyond the ankle joint) and soft tissue reconstruction.

Limb Reconstruction & Complex Lower Limb trauma

The Royal London Hospital, Barts Health NHS Trust - Oct 2019 – August 2020

Bone Infection, Limb Reconstruction & Complex Lower Limb Trauma

Managing complex trauma, both the initial management and the sequelae of these injuries. Such as, implant related infection, post traumatic deformity, acute and chronic bone infection.

Previous Appointments

- **Major Trauma, Cambridge University Hospitals** - August 2020 – September 2020
- **Out of Program For Training - Royal London Trauma Fellowship** - (see above)
- **Norfolk & Norwich University Hospitals NHS Foundation Trust** (Aug 2018 – Oct 2019)
- **Colchester Hospital University NHS Foundation Trust** Aug 2017 – Aug 2018
- **Cambridge University Hospitals** Aug 2016 – Aug 2017
- **Ipswich Hospital** Aug 2015 – Aug 2016
- **West Suffolk Hospital** Aug 2014 – Aug 2015
- **William Harvey Hospital** Aug 2013 – Oct 2014
- **Core Surgical Training**
 - **Trauma and Orthopaedics, William Harvey Hospital, Feb 2013**
 - **Plastic and reconstructive surgery, Queen Victoria Hospital, Aug 2012**
 - **General surgery, Medway Maritime Hospital Aug 2011 – Aug 2012**
- **Foundation Training - Wirral University Teaching Hospital** Aug 2009 – Aug 2011

Publications

Book Chapters Foot and Ankle (Trauma & Elective)

Bailey and Love Surgery, **2020** - with editor, awaiting publication

Local Anaesthetic

How to Perform Clinical Procedures: For Medical Students and Junior Doctors

October **2013**, Wiley-Blackwell

Articles

Below are the most recent publications, please [scan the QR code, or click here for a full list of my peer review publications.](#)



The 15 year Ankle Arthroplasty Experience in a University Hospital

Loveday DT, Baskaran D, M Y Salmasi, **Barrett MP**, Smith G, Foot and Ankle Surgery, **March 2021**,

Wrist and Carpal Fractures

BMJ Best Practice, March **2021**

Long bone fractures - [BMJ Best Practice](#)

BMJ Best Practice, November **2021**

Rib Fractures, British Medical Journal, Best Practice Guides, **2021**, Expert Advisor

Osteomyelitis, Point of Care Evidence - [BMJ Best Practice](#)

[Barrett MP](#), Ferguson J, Wong THN, Atkins BL, Nickerson E, & McNally M

BMJ Best Practice, December **2020**, Expert Advisor

New drug, new problem – do hip fracture patients taking NOACs experience delayed surgery, longer hospital stay, or poorer outcomes?

Hourston GJM, [Barrett M](#), Khan WS, Vindlacheruvu M, McDonnell SM. Hip International, April **2019** DOI:

10.1177/1120700019841351

Informed Consent in Orthopaedics: do patients in the United Kingdom understand the written information we provide?

Seewoonarian S, Johnson A, [Barrett MP](#) Bone and Joint Journal, September **2018**

DOI: 10.1302/0301-620X.100B9.BJJ-2018-0183.R2.

Chronic Hip Pain

White H, [Barrett MP](#), Gooding C. British Medical Journal, January **2018** DOI: 10.1136/bmj.j5882

An unstable knee

Peat F, [Barrett MP](#), McDonnell S. British Medical Journal, November **2017** DOI: 10.1136/bmj.j4693.

The Technological Evolution of Surgical Training

Seewoonarain S, [Barrett MP](#). Clinical Teacher - March **2017** DOI: 10.1111/tct.12643

Hip Pain Following a fall

[Barrett MP](#), McDonnell S. British Medical Journal, Sept **2015** DOI: 10.1136/bmj.h4785

Predictors of in-hospital mortality amongst octogenarians undergoing emergency general surgery: a retrospective cohort study.

Wilson I, [Barrett MP](#), Sinha A, Chan S. International Journal of Surgery, **2014** DOI:

10.1016/j.ijssu.2014.08.404

The use of hip radiographs in primary care: the inter-observer agreement of reporting native hip pathology.

Kenyon P, Perry D, [Barrett MP](#), Carrol FA, Thomas G. Hip International, **2014** DOI:10.5301/hipint.5000120

Letter: Why aren't we doing more to safeguard vulnerable adults from thermal injuries?

Barrett MP, Nikkhah D, Gilbert P, Dheansa B. Burns, **2013**

doi: 10.1016/j.burns.2013.08.018.

Research

ACTIVE Study (Multi Centre RCT): Ex-Fix vs ORIF for articular pilon fracture fixation

Associate Principal Investigator - Norfolk and Norwich University Hospital - **2019**

The Royal London Hospital - **2020**

Awards

Trinity Cup 'Best in Class'

Awarded by the East of England Orthopaedic training program July 2020, for significant achievements and contributions locally in orthopaedics.

British Orthopaedic Foot and Ankle - Gold Award

Travelling fellowship awarded via a competitive application. Invited to present at congress.

Trainee of the Year - 2016

East of England Deanery, awarded for significant contributions and development of the orthopaedic education program.

The Roaf Award - The University of Liverpool, 2006

Postgraduate Courses

AO Advanced Foot and Ankle Trauma - April 2022

BOFAS New Consultants - 2021

Nottingham Fracture Forum - November 2019

A select group of trainees (UK, Oslo, Switzerland, and the USA) with a known interest in trauma are invited to attend. There is also an international faculty. This is a round table discussion of current

concepts in orthopaedic trauma care from around the world.

Advanced Trauma Life Support®

Cambridge, September 2016 - *Invited to be an instructor*

BOFAS Principles of Foot & Ankle

Belfast, September 2014

Teaching

Postgraduate Certificate in Medical Education - Distinction

University of Bedford, **2016**

I am regularly invited to instruct on international courses for complex trauma. I have a portfolio of digital education services.

Orthohub.xyz

I am the co-founder of this international project that offers free interactive orthopaedic educational for all (from surgeons to patients). The platform launched in April 2020 and there are over 5000 registered users.

FractureInfo.co.uk

A patient education resource for orthopaedic injuries. The videos on this channel have been viewed close to **200,000 times**.

EoOrtho.co.uk

ST3Ortho.co.uk & FRCSortho.com

Websites for trainees preparing for the orthopaedic recruitment interviews and exams.

Other Roles

Trustee Charitable Trust of Saffron Walden Round Table

Charity No - 293452, 2018-present

Communications Officer

ORCA - Orthopaedic Research Collaborative east Anglia - 2018 - 2020

Trainee Representative Trauma & Orthopaedics

East of England Deanery, 2016 - 2020

Club Secretary

Charity of Saffron Walden Round Table 2016-18

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